

BLISSFUL SPIRIT WELLNESS RETREATS

Costa Rica, September 27th – October 3rd, 2026

This Agreement is made effective as of this _____ day of _____, year _____ by and between Felicia Steriti, owner of Blissful Spirit Yoga and

NAME-

Introduction:

Our host, Tula Vida Ranch, will provide 6 nights in shared accommodations and 3 healthy meals daily. Plus three days of guided work with their beautiful therapy horses.

Felicia will provide yoga 1-2 times per day, workshops, including breath work, meditation, and energy medicine, for the total cost of \$3,000 (**based on double occupancy. * A single accommodation upgrade is an additional \$500**).

Meals:

Tula Vida prioritizes local cuisine and ingredients to share the Costa Rica culture, and it is always made with love by the local team. The lodge has a large communal dining area where we eat meals together, family style. And sometimes taking picnics out on the ranch too.

***Tula Vida accommodates all dietary needs.**

Lodging:

All rooms are beautiful and comfortable with a modern rustic feel and great views!

***Payment Schedule.**

If you are choosing to make payments, your balance after your initial deposit will be divided into three equal installments. Balance differs for everyone depending on DBL or Single occupancy and any discounts applied.

***YOUR RESERVATION WILL BE SECURED WITH YOUR INITIAL \$600 DEPOSIT.**

NOTE: Payments must be made on or before dates below:

March 20th, 2026

June 19th, 2026

August 21st, 2026

NOTES:

- If you choose double occupancy, it is up to you to have a person to share your room. If you would like to be on a waitlist for a possible roommate, please let Felicia know by contacting her at: scissorgy@gmail.com.
- A roommate cannot be guaranteed.

****Cancellation Policy**

We highly recommend travel insurance that covers trip cancellation, medical expenses, and emergencies. You can find quotes here at <http://www.squaremouth.com>. You assume the risk if you don't purchase it. There are many affordable options.

****This is a non-refundable trip. Due to the cost of the retreat and having to prepay for the location, food, and activities well in advance, we are unable to cancel a trip.**

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***Additional Information: Flights and shuttles are separate. Transportation: Please be sure your flight's arrival time is NO LATER THAN 2pm at Liberia airport on the day your retreat starts, which will allow us**

to arrange group transportation to the retreat. **Felicia is happy to help with this process. Several meetings will be held on Zoom to help with any Q & A, flights, etc... A packing list will be provided.**

Blissful Spirit Retreat at Tula Vida Ranch, Guanacaste, Costa Rica, 9/27 – 10/3, 2026

Agreement and Registration:

Name:

Address:

Apartment, suite:

Country

City

_____ **State** _____

Zip

Phone

Email

Emergency Contact Name

Emergency Contact Phone #

_____ **Relation** _____

Agreement:

By signing below, I acknowledge and agree with all the terms and conditions listed above, including, but not limited to all payment and non-refund information. I also acknowledge that my reservation will not be confirmed without my deposit.

Retreat Participant (Print Name): _____

Retreat Participant Signature: _____

Date of Signing: _____

Blissful Spirit Yoga Agent:

Print Name: _____

Signature: _____

Date signed: _____